



GOMERSAL PARK

HOTEL • SPA

Expert Touch Facials

Elemis Expert Touch Nourish

50 minutes...£95

Boost skin radiance with our triple-cleanse facial with a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived

Elemis Expert Touch Reveal

50 minutes...£95

Powered by our patented Tri-Enzyme technology, this facial helps minimise the look of pores and uneven skin texture, revealing skin looking visibly resurfaced, smooth and glowing

Elemis Expert Touch Renew

50 minutes...£95

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm

Elemis Expert Touch Define

50 minutes...£105

This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin

Elemis Expert Touch Define

80 minutes...£135

This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin

Expert Body Treatments

Elemis Expert Tension-Ease Massage

50 minutes...£115

Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation, it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed, grounded and focused

Elemis Expert Transformative Hot Stone Massage

50 minutes...£95

This deeply transformative treatment incorporates heated volcanic stones that are worked into the body, persuading the muscles to relax with warm Frangipani Monoi Body Oil to soothe a tired mind and relieve aching muscles

Elemis Expert Peaceful Pregnancy Massage

50 minutes...£95

This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics formulated to be used safely during pregnancy are selected for optimum wellbeing, leaving you feeling nurtured, restored and calm

Elemis Expert Absolute Face & Body Ritual

50 minutes...£95

Immerse yourself in luxury with this tailored treatment. Choose your own combination of facial and body treatments, or let your therapist prescribe you the perfect treatment to leave you feeling restored from head to toe. Treatment includes 25 minute Expert Touch Facial and a 25 minute back treatment of your choice.

Choose from:

Tension Ease Back Massage (25 minute)

Cleansing Salt Scrub (25 minute)

Elemis Expert Absolute Face & Body Ritual

100 minutes...£175

Immerse yourself in luxury with this tailored treatment. Choose your own combination of facial and body treatments, or let your therapist prescribe you the perfect treatment to leave you feeling restored from head to toe.

Treatment includes 50 minute Expert Touch or Tech Facial and a 50 minute back treatment of your choice.

Choose from:

Cleansing Salt Scrub & Tension Ease Back Massage (50 minute)

Deep Tissue Ease Body Massage (50 minute)

Signature Therapy

Indian Head Massage

50 minutes...£65

Dream Spa's own signature Ayurvedic treatment. An upper body treatment, uses and adapts classic Swedish massage techniques for treating scalp, face, neck, shoulders & upper arms. The effects are felt in mind, body & soul

Hopi Ear Candles

50 minutes...£65

A natural & relaxing therapy used traditionally by Hopi Indians. This treatment is completely painless & helps to re-balance the ear by drawing out impurities. It's a relaxing, soothing & natural alternative to syringing. This treatment is excellent for any who suffers from sinusitis, headaches, migraines, head colds, glue ear, hay fever & excessive ear wax