

Package Options

Hopi Ear Candles

50 minutes

A natural & relaxing therapy used traditionally by Hopi Indians. This treatment is completely painless & helps to re-balance the ear by drawing out impurities. It's a relaxing, soothing & natural alternative to syringing. This treatment is excellent for any who suffers from sinusitis, headaches, migraines, head colds, glue ear, hay fever & excessive ear wax

Elemis Expert Touch Nourish

50 minutes

Boost skin radiance with our triple-cleanse facial with a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived

Elemis Expert Touch Reveal

50 minutes

Powered by our patented Tri-Enzyme technology, this facial helps minimise the look of pores and uneven skin texture, revealing skin looking visibly resurfaced, smooth & glowing

Elemis Expert Touch Renew

50 minutes

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skinlifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm

Elemis Expert Absolute Face & Body Ritual

50 minutes

Immerse yourself in luxury with this tailored treatment. Choose your own combination of facial and body treatments, or let your therapist prescribe you the perfect treatment to leave you feeling restored from head to toe.

Treatment includes 25 minute Expert Touch Facial and a 25 minute back treatment of your choice.

<u>Choose from:</u>

Tension Ease Back Massage (25 minute) Cleansing Salt Scrub (25 minute)

Elemis Expert Transformative Hot Stone Massage

50 minutes

This deeply transformative treatment incorporates heated volcanic stones that are worked into the body, persuading the muscles to relax with warm Frangipani Monoi Body Oil to soothes a tired mind and relieve aching muscles

Elemis Expert Peaceful Pregnancy Massage

50 minutes

This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics formulated to be used safely during pregnancy are selected for optimum wellbeing, leaving you feeling nurtured, restored and calm

Elemis Expert Tension-Ease Massage

50 minutes

Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation: it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed, grounded and focused

PLEASE NOTE: THIS TREATMENT IS ONLY INCLUDED IN THE LUXURY PACKAGES & THE 2 NIGHT INDULGENCE

Elemis Expert Touch Define

50 minutes

This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin

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